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# RITUALS SIGNATURE BORGOBRUFA

# BELLEZZA UMBRA RITUAL

#### "OSCAR GREEN"



Our Umbrian excellences will accompany you along this magnificent journey fully dedicated to beautify the body and enhance psychophysical wellbeing. The ritual includes: purification and relaxation path with footbath, sauna and bath in an imperial whirlpool tub.

160'€ 299,00 per person

- · Grapeseed body exfolation / body wrap
- · Hazelnut oil face exfolation
- · "Gocce del Borgo" deep tissue or relaxing back massage
- · Blackberries leg massage
- ·White truffle relaxing and anti-age face massage
- · I cosmetic product Armonia Essenza Bellezza included
- · Selected tasting

The scents and colours of nature will inebriate your senses. The expert and caring hands of your therapists will give you the ritual you have always dreamed of. You will want to bring this into your daily life. All the products used in this ritual are available at the SPA shop.

## I DIAMANTI RITUAL

An exclusive path in the Private SPAs "Tesori del Borgo" and "Acqua e Fiori", which continues with a water treatment, where gentle transporting manual techniques will lead you into a state of deep relaxation. The journey concludes with a rebalancing body massage. Unique moments await you.

160' € 320,00 per person

- · I cosmetic product Armonia Essenza Bellezza included
- · Selected tasting



# MASSAGES SIGNATURE BORGOBRUFA

#### **ETRUSCO**

Ancient Etruscan body massage with strawberry grape seed oil, with nourishing and antioxidant properties: together with the manual techniques inspired by the rituals of the ancient people, it will give you a regenerating effect.

**45' € 99,00** per person

#### LE STAGIONI UMBRE

Autumn, winter, spring and summer. You will be transported on the journey of seasonal cycles, with relaxing and vitalizing manual skills, so that your body can experience the awakening of the Umbrian land.

**75'** € 145,00 per person

# SINFONIA - 4 MANI

An inebriating massage that, like music, offers the flow of 4 hands of 2 operators: it is a composition that relaxes the mind and gives nourishment to the skin.

**75'** € **260,00** per person

## RITUALS FROM THE WORLD

## **OCEANICO RITUAL**

Immersed in the Private SPA "Acqua e Fiori" with pool and steam bath, the treatment will begin with a body exfoliation. You will feel a deeply relaxing sensation of the massage that, like the sea waves, will pamper your body to the rhythm of a dance to find yourself in a state of balance and well-being.

160'€ 299,00 per person

- · I cosmetic product Armonia Essenza Bellezza included
- · Selected tasting

#### PERSIANO RITUAL

A warm and balanced ritual in the "Mille e una Notte" Private SPA that will take you to the Middle East, where beauty endures through time. Rasul bath, a purifying steam ceremonial in which clays or black soap will envelop you, smoothing and nourishing your skin. Prestigious desert fruits - embellished shea butter and argan oil - will brighten your face and body. Soothing and deep manual skills will calm your being, opening your dreams to a mantle of stars.

| | 110' |€ | 199,00 per person

· Selected tasting

# BATTITO DELL'ETERNITÀ RITUAL

A journey into the Private SPA "Sorgente della Natura". Be enveloped by the rainforest atmosphere in the large round tub and the sounds that will lull you along this path. A massage in which the manual skills follow the rhythm of the heart, leaving you with a feeling of lightness.

110' € 199,00 per person

· Selected tasting

# MASSAGES FROM THE WORLD

#### **THAI**

A massage that releases energy, promoting the elimination of toxins. It is performed using pressure techniques and passive stretching. For the purpose of a more successful treatment, we recommend comfortable clothing.

50' € 120,00 per person

#### **MOXIVITALITY**

A massage inspired by traditional Chinese medicine. Your body will be embraced by a towel, worked with manual pressure and transporting techniques. The burning of fine mugwort cigars on specific points of the body will promote vital energy flow.

**45'** € 120,00 per person

## RA DEI FARAONI

A relaxing and energizing massage that helps to relax the body, injecting new energy and vitality.

**45'** - **€ 99,00** per person **75'** - **€ 150,00** per person





# **PRIVATE SPA**

Four ambiences created for moments of exclusiveness. Reserved, themed spaces: each of our Private SPAs will give you a unique regenerating experience. Choose the setting of your preference and combine it with our personalized rituals and paths, that will be accompanied by selected tastings.

#### **TESORI DEL BORGO**

In a sophisticated Umbrian style, with visible wooden beams and decorative stones, it's equipped with a two-person whirlpool tub, sauna, double relaxation bed and two massage tables.

#### **ACOUA E FIORI**

Our Private SPA that offers two-person steam bath, double relaxation waterbed, two massage tables, and oval pool with whirlpool jets.

#### LE MILLE E UNA NOTTE

The colours of this warm and exotic area will take you to the Middle-East, with two-person Rasul bath, two massage tables and two relaxation armchairs.

#### SORGENTE DELLA NATURA

A room inspired by rainforests, with a two-person round whirlpool tub, suspended relaxation bed, and two massage tables

#### "TAILOR-MADE" RITUAL

Design your own tailor-made ritual: choose your Private SPA and combine it with the treatment you wish to share.

45'
€99,00 per person
+ treatment price

· Selected tasting

## **BORGO LUXURY RITUAL**

A 130 square meters wellness center for your exclusive use. The private SPAs "Tesori del Borgo" and "Acqua e Fiori" will merge to create the Borgo Luxury, featuring an oval pool with whirlpool jets, underwater chromotherapy, steam bath, two-person whirlpool tub, sauna and waterbed. Possibility of combining treatments and massages.

100' ca. € 198,00 per person (min 2 people, max 4 people)

· Selected tasting and flûtes of sparkling wine



## **BORGOBRUFA COSMETICS**

#### ARMONIA ESSENZA BELLEZZA

Our "Armonia Essenza Bellezza" cosmetic line is rich of the natural energy and precious actives extracted from the crops grown and harvested in our pristine hills of Umbria by Borgobrufa's owner and his team of professionals.

Our care and respect for nature in its purest form guarantees that our cosmetic formulation is free of parabens, silicones, sulphates, petrolatum, allergens and dyes. The natural texture and pure ingredients of our "Armonia Essenza Bellezza" line are able to effectively target, treat, comfort, nourish and, ultimately, give immediate and visible results. We are happy to present our excellent natural cosmetics respecting nature and sustainability.

#### **FACE**

HAZELNUT MILK CLEANSER

LAVENDER GEL CLEANSER

**HAZELNUT TONER** 

**OLIVE EYE CONTOUR SERUM** 

WINE SERUM

**BLACKBERRY SERUM** 

TRUFFLE ELIXIR

**TENSO-ACTIVE VIALS** 

WINE CREAM

**OLIVE CREAM** 

ALOE CREAM

TRUFFLE CREAM

OLIVE CREAM MASK

ANTIAGE SHEET MASK

HYDRATING SHEET MASK

SOLID CLAY MASK

#### **BODY**

SUNFLOWER AND BROOM SCRUB SHOWER GEL

**GRAPESEED OIL CLEANSER** 

**GRAPESEED OIL** 

**BLACKBERRY EMULGEL** 

**OLIVE EMULSION** 

HAZELNUT EMULSION

SUNFLOWER AND BROOM EMULSION

**GOLDEN TOUCH MASSAGE CANDLE** 

THERMO-ACTIVE CREAM



Discover more about our natural cosmetics

## **FACE TREATMENTS**

#### HIGH-PERFORMANCE WITH BORGOBRUFA COSMETICS

#### **BORGOBRUFA FACIAL**

Rebalancing cleansing treatment with hazelnut exfoliation and olive products. It rids the skin of impurities and gives an even, glowing complexion. **50' € 99,00** per person

#### NATURAL LIFT-SHOCK

This innovative treatment will increase skin oxygenation and the signs of ageing will be smoothened, through a succession of specific massage techniques. Collagen, hyaluronic acid and wine active ingredients will accompany this unique treatment.

**50'** € **129,00** per person

105'

with taping application and feet and trapezius massage € 179,00 per person

# **MY GOLDEN AGE**

An elite treatment with specific well-age action thanks to precious boosters proven by scientific research, such as hyaluronic acid, collagen threads, Q10 and white truffle. A massage with moving cups will have a re-oxygenating action and a 24k gold mask will brighten the face.

80' € 199,00 per person

## **HYDRA SENSITIVE**

This personalized treatment will be accompanied by high hydration products that will balance and calm even the most sensitive skin. This treatment will give softness and glow to your skin.

50'

€ 109,00 per person

## **PURITY SKIN LADY**

Treatment specifically conceived to eliminate skin impurities, giving radiance and freshness through the properties of the fruits of the Umbrian countryside.

50'

€ 109,00 per person

#### **ENERGY MAN**

This purifying facial treatment will give your skin a radiant glow. A relaxing scalp massage will free your mind from tension. A detoxifying warm flower and herb wrap will bring new energy to your face.

50'

€ 109,00 per person

## **EYE AND LIP CONTOUR**

Specific eye and lip contour treatment that tackles fine lines and helps to smooth and brighten the face. It stimulates microcirculation so as to relieve puffiness and dark circles thanks to the active ingredients of olive oil, Q10, collagen and hyaluronic acid.

50'

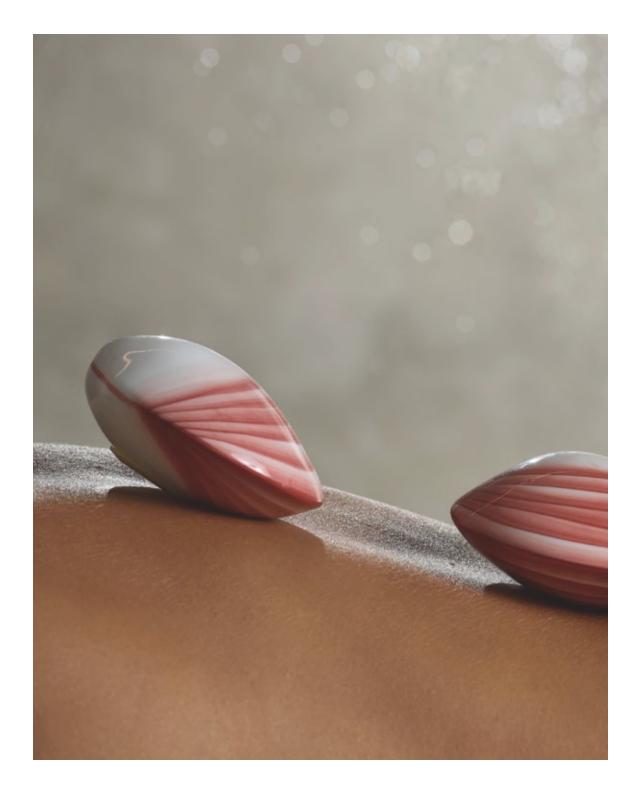
€ **89,00** per person

## **BIO SINERGY**

A deep cleansing suitable for all skin types. A number of active ingredients, versatile according to need, works in synergy with the personalised mask, to give back balance and to illuminate your face.

75'

€ 145,00 per person



from € 45,00 per person

## **BEAUTY SERVICE**

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25' € 39,00 per person **SPA MANICURE** Manicure with nail polish application. 50' € 60,00 per person extra gel polish application € 20,00 SPA MANICURE DELUXE 50' Treatment with exfoliation, mask, massage and manicure € 70,00 per person with nail polish application. extra gel polish application € 20,00 **SPA PEDICURE** Pedicure with nail polish application. 50' € 60,00 per person extra gel polish application € 20,00 SPA PEDICURE DELUXE 75' Treatment with exfoliation, mask, massage and pedicure € 80,00 per person with nail polish application. extra gel polish application € 20,00 WAXING from € 15,00 to € 95,00 per person HAIR BLOW-DRY

# **BODY TREATMENTS**

## TREATMENTS WITH SALT

#### **SAPORE DI SALE**

A body exfoliation treatment that allows to benefit from the many virtues of salt on the skin. Salt with its minerals will detoxify, counteract water retention, and brighten and invigorate the skin.

**45'** € **89,00** per person

#### **BENDA DI EPSOM**

Legs cold bandage with English Epsom salts. Combats swelling for an excellent draining effect, giving a sense of lightness.

**75'** € **149,00** per person

# **CALCO TREATMENT-MASSAGES**

All the calco treatment-massages include a personalized massage based on the treatment chosen. Premium products are used for draining, reducing, relaxing and toning. Clearly visible results can be seen after the first session.

## \_\_ PARTIAL

# **SILHOUETTE**

This treatment combats localized leg and buttock weight gain, stimulates	75'
the metabolism, remodels and sculptures your figure.	€ 159,00 per person

## **TONIC BUST**

Reducing treatment for the abdomen, toning for breasts and arms,	75'
relaxing for the back.	€ <b>159,00</b> per person

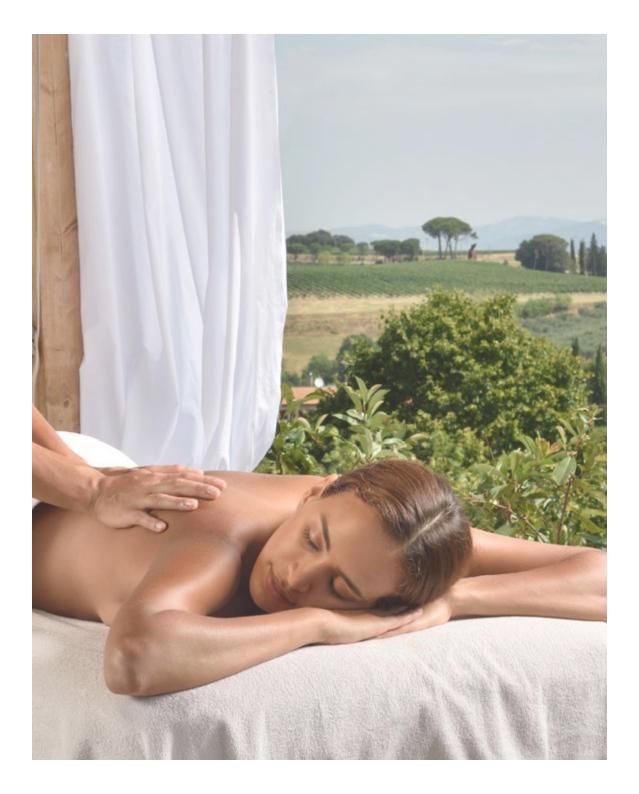
# **BEST MAN**

A treatment that slims and tones the abdomen, and dissolves	75'
back muscle tension.	€ 159,00 per person

## \_ COMPLETE

## **TOTAL BODY**

Personalised slimming and/or firming full-body calco massage,	105'
for an excellent treatment.	€ 210,00 per person



# **CEREMONIALS**

#### **FITO-ENERGY**

Cosmetic treatment with phytomelatonin offering a solution to the imbalances caused by environment-induced stress and a hectic lifestyle. Restores vitality to face and body.

€ **159,00** per person

100' with exfoliation € 199,00 per person

#### **DETOX-ENERGY**

Cosmeceutical treatment for psychophysical well-being. A purifying body and face exfoliation combined with the relaxing application of highly moisturizing actives will transmit the full vibrational benefit of plants to the skin.

75'

75'

€ **159,00** per person

## **SLIM-ENERGY**

A personalized leg massage with specialized products followed by a seaweed body wrap rich in iodine for a draining and reducing effect. Purifies tissues and improves blood circulation.

75'

€ **159,00** per person

# **BATHS AND PACKS BORGOBRUFA**

#### \_\_ BATHS BORGOBRUFA

#### **BAGNO SALINO**

A purifying and relaxing floatation bath. Thanks to the high salt concentration in the water of the pool, your body will float while being cradled by underwater music and chromotherapy. The journey continues with relaxing moments in the salt area, where clouds of salt vapor will favour your breathing and free your mind.

25' € 25,00 per person (non-exclusivity)

€ 35,00 per person (in exclusivity for the couple)

#### **BAGNO SONORO ESCLUSIVO**

Relaxing water treatment, accompanied by the harmonious sound and vibrations of Tibetan bells, an immense source of energy and spirituality. The floating will make this experience truly unique.

25' € 45,00 per person

#### \_\_ PACKS BORGOBRUFA

Enjoy your body packs in our Aemotio SPA, on a water bed with personalized chromotherapy and Vichy shower final rinse.

## **SCRUB CORPO AI TESORI UMBRI**

Personalized exfoliation scrub with olive (moisturizing), chocolate and hazelnut (energizing), wine (regenerating), or sunflower and broom (nourishing).

€ **59,00** per person

## **DECONTRATTURANTE**

Self-warming localized pack that relaxes the muscles and has a draining effect on the body tissues.

20'

20'

€ 59,00 per person € 69,00 per person with feet massage

# **RILASSANTE ALL'OLIVO**

This treatment uses warm olive butter to make your skin super soft and supple

20'

€ 59,00 per person

45'

€ 99,00 per person with aromatherapy steam bath and relaxing massage

## AI BURRI UMBRI

Nourishing pack with sunflower and broom butter for total comfort and a velvet skin.

20'

€ 59,00 per person

## **DRENANTE**

Draining, detoxifying for a lightness effect. The unique properties of ivy, blackberry and horse chestnut improves microcirculation and stimulates lymphatic drainage. You will feel a marvelous sense of lightness.

20'

€ 59,00 per person

45'

€ 99,00 per person with aromatherapy steam bath and personalized localized massage

## **NOCCIOLATA**

The chocolate and hazelnut in this "happiness pack" stimulate the production of endorphins and make skin tonic and silky. 20'

€ 59,00 per person

## **RIGENERANTE AL VINO**

The anti-oxidant action of grapeseed rejuvenates the skin and strengthens the tissues

20'

€ **59,00** per person

€ 69,00 per person with hands massage

# **MASSAGES**

# **INVIGORATING MASSAGES**

## **BORGOBRUFA**

Decontracting-postural and dynamic massage with specific techniques
for neck and shoulder muscles. Tension will magically disappear giving
way to a wonderous feeling of vitality.

75'
€ 159,00 per person

# **GUA SHA**

Decontracting body massage, with tissue mobilization techniques. The	
expert hands of our therapists, together with "gua sha" tools made	
of olive wood from our land, will provide an overall rebalance and	
relaxation.	

**45'** € 109,00 per person

# **CLASSICO**

This decontracting massage is ideal to re	relieve muscle tension and give
a pleasant sense of general well-being.	

45'
€ 109,00 per person
€ 129,00 with cupping

# **DRENANTE**

A tailor-made massage created just for you. The manual skills are
accompanied by specific synergies for the different types of blemishes.
A panacea for those wishing to feel a sense of lightness.

45' € 109,00 per person

# **NEW ENERGY**

Specific manual skills and products to target localized adiposity.
This massage allows to reshape the body and give firmness to the
tissues. You will feel new energy and vitality.

€ 109,00 per person

45'

#### **RELAXING**

#### SOGNI D'ORO

A massage that will involve three different sensory pathways: touch, hearing and smell, for a pleasant feeling of calmness and relaxation. Phytomelatonin oil will set you up for a gentle, regenerating sleep.

**45'** € **99,00** per person

#### **GOCCE DI LUCE**

Drops of butter will fall on your body, skilled hands will wrap it gently. A massage dedicated to the relaxation of the body and the softness of the skin.

**45'** € **99,00** per person

## **SOTTO LA PIOGGIA**

Relaxing massage under the warm threadlike rain of our Aemotio SPA, a cabin with water bed and chromotherapy.

**45' € 99,00** per person

## **PARZIALE**

Choose among a wonderfully relaxing leg, feet, head or back massages

€ **65,00** per person

20'

## WELLNESS PACKAGES

# **BORGO-SPECIAL UNIQUE SPECIALTIES**

I Le Stagioni Umbre Massage - 75'

I Borgobrufa Face Treatment - 50'

- I Rilassante all'Olivo Pack 20'
- I Bagno Salino (non-exclusivity) 25'
- I Borgobrufa Product SUNFLOWER AND BROOM SCRUB SHOWER GEL 200 ml

## **BORGO-DETOX**

#### FOR A NATURAL WELLNESS

I Detox-Energy Ceremonial - 75'

I Slim-Energy Ceremonial - 75'

I Purity Skin Lady Face Treatment - 50'

I Borgobrufa Product BLACKBERRY EMULGEL 200 ml

€ **420,00** per person

€ 340,00 per person

## **BORGO-LOVE**

#### TESORI DEL BORGO PRIVATE SPA FOR YOUR EXCLUSIVE USE

I Bellezza Umbra Ritual - 160'

I Bagno Salino (in exclusivity for the couple) - 25'

I Sogni d'Oro Massage - 45'

€ 390,00 per person

PROGRAM FOR THE COUPLE

## **BORGO-EMOTIONAL**

# A BREATHTAKING JOURNEY FOR THE COUPLE

I Battito dell'Eternità Ritual - IIO'

€ 340,00 per person

I Bagno Sonoro (in exclusivity for the couple) - 25'

PROGRAM FOR THE COUPLE

I Sapore di Sale Body Treatment - 45'

I Borgobrufa Product SUNFLOWER AND BROOM SCRUB SHOWER GEL 200ml

# **BORGO-LADY**

#### A BREAK FOR HER

I Scrub Corpo ai Tesori Umbri Pack - 20'

I Hydra Sensitive Face Treatment - 50'

I Calco Treatment-Massage - 75'

I Drenante Pack - 20'

I Bagno Salino (non-exclusivity) - 25'

I Borgobrufa Product BLACKBERRY EMULGEL 200 ml

€ 390,00 per person

#### **BORGO-MAMMA**

#### TO BE ENJOYED DURING PREGNANCY OR POST-PARTUM

I Personalized Massage - 45'

I Bagno Salino (non-exclusivity) - 25'

I Hydra Sensitive Face Treatment - 50'

I Borgobrufa Product BODY EMULSION 200 ml

**€ 250,00** per person

# **BORGO-MAN**

#### **FOR HIM**

I Best Man Calco Treatment-Massage - 75'

I Decontratturante Pack with feet massage - 20'

I Energy Man Face Treatment - 50'

I Borgobrufa Product ALOE CREAM 50 ml

# € 350,00 per person

## **BORGO-ENERGY**

#### TO STRENGTHEN YOUR BACK AND PUT IT BACK INTO SHAPE

I Etrusco Massage - 45'

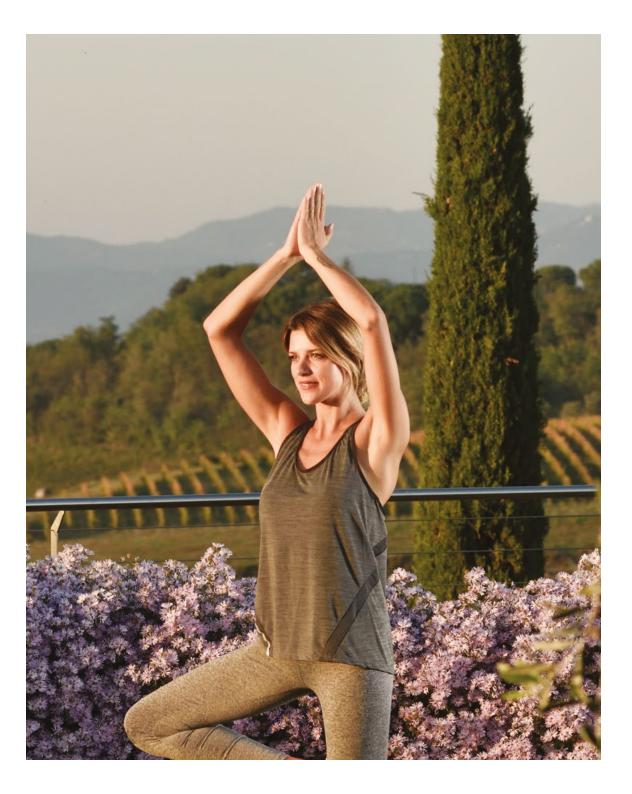
I Classico Massage - 45'

I Decontratturante Pack with feet massage - 20'

I Bagno Salino (non-exclusivity) - 25'

I Borgobrufa Product THERMO-ACTIVE CREAM 100 ml

€ 290,00 per person



# FITNESS AND MINDFULNESS ACTIVITIES

Physical activity aims to improve health and well-being through cardiovascular training, increasing muscle strength and flexibility.

Mindfulness aims at the state of awareness in the present moment, without judgment. It involves awareness of bodily sensations, thoughts and emotions, promotes mental well-being and reduces stress and anxiety.

PRIVATE COACHING

**PILATES** 

**YOGA** 

**DEEP BREATHING** 

**SOUNDS AND VIBRATIONS** 

**GUIDED MEDITATION** 

45' ca.

€ 95,00 per person

€ 50,00 per person

(from 2 people to maximum 4 people)

## **DAY SPA**

#### **DAY SPA PROGRAMS**

Day SPA programs include day access (9 AM - 7 PM) to all the services of the World of Waters and World of Saunas.

#### **DAY-RELAX**

I Sogni d'Oro Massage - 45'

€ 199,00 per person

- I Bagno Salino (non-exclusivity) 25'
- I Borgobrufa Product SHEET MASK (self-application)

#### **DAY-EXPERIENCE**

I Bagno Salino (non-exclusivity) - 25'

€ 260,00 per person

- I Etrusco Massage 45'
- I Rigenerante al Vino Pack with hands massage 20'
- I Borgobrufa Product SHEET MASK (self-application)

## **DAY-BEAUTY**

I My Golden Age Face Treatment - 80'

€ 399,00 per person

- I New Energy Massage 45'
- I Bagno Salino (non-exclusivity) 25'
- I Borgobrufa Product SHEET MASK (self-application)

## **DAY-SPECIAL**

I Persiano Ritual - IIO'

€ 299,00 per person

- I Bagno Sonoro (in exclusivity for the couple) 25'
- I Borgobrufa Product SHEET MASK (self-application)

#### **HALF-DAY SPA PROGRAMS**

Half-day SPA programs include half-day access (9 AM - 2 PM, 2 PM - 7 PM) to all the services of the World of Waters and World of Saunas.

#### **BENESSERE & LUNCH**

Bookable from Monday to Thursday 9 AM - 2 PM, except for long weekends and public holidays.

€ 179,00 per person

- I Parziale Massage or Face Treatment 20'
- I Lunch (2 courses à la carte, drinks not included) at Ouattro Sensi Restaurant
- I Bagno Salino (non-exclusivity) 25'
- I Borgobrufa Product SHEET MASK (self-application)

# **BENESSERE & DINNER**

Bookable from Monday to Thursday 2 PM - 7 PM, except for long weekends and public holidays.

€ 199,00 per person

- I Parziale Massage or Face Treatment 20'
- I Dinner (4 courses à la carte, drinks not included) at Quattro Sensi Restaurant
- I Bagno Salino (non-exclusivity) 25'
- I Borgobrufa Product SHEET MASK (self-application)

## **SPA ACCESSES**

	DAY SPA		
	9 AM - 2 PM	2 PM - 7 PM	9 AM - 7 PM
MONDAY	€ 89,00	€ 89,00	€ 109,00
TUESDAY	€ 89,00	€ 89,00	€ 109,00
WEDNESDAY	€ 89,00	€ 89,00	€ 109,00
THURSDAY	€ 89,00	€ 89,00	€ 109,00
FRIDAY	€ 89,00	€ 89,00	€ 109,00
SATURDAY	€ 149,00	€ 149,00	€ 179,00
SUNDAY	€ 149,00	€ 149,00	€ 179,00

#### From Monday to Friday

Prices include a Bagno Salino (non-exclusivity) **25'** + I Borgobrufa product SHEET MASK (self-application)

#### From Saturday to Sunday

Prices include a Bagno Salino (in exclusivity) **25'** + I Parziale Massage or Face Treatment **20'** 

Prices are per person, and are not valid on long weekends, public holidays and for gift vouchers. Booking is always necessary.

# BORGOBRUFA, WORLD OF WATERS AND WORLD OF SAUNAS INCLUDED SERVICES

- Indoor heated pool
- Outdoor heated panoramic pool
- Whirlpool stations
- Summer pool
- Vitarium operating from 10.00
- Steam bath operating from 10.00
- Sauna of nature operating from 10.00
- Ice fountain operating from 10.00
- Snow crystals operating from 10.00

- Panoramic sauna operating from 10.00
- Room of the stars
- Fireplace room
- Sensory relax room
- Panoramic relax area
- Tisane corner
- Vital corner
- Complimentary flip-flops and bag
- SPA kit supplied

## **INFORMATION**

#### **PAY ATTENTION**

Borgobrufa SPA Resort is Adults Only and welcomes guests from 18 years of age.

Cell phone calls are not allowed within the SPA. Please be respectful towards the privacy of other guests and do not include them in your photographs.

It is recommended to keep cell phone in silent mode.

Relaxation and well-being of our guests are required conditions. Please respect this harmony by adopting tones of voice according to the environment.

No bathing suits or plastic materials are allowed in the saunas. Use the cotton towels provided.

It is mandatory to use a bathing suit in the swimming pools.

It is recommended to enter swimming pools without accessories, glasses and jewellery (bracelets, necklaces, rings, earnings, watches etc.) since water could ruin them. We advise you to leave them in the appropriate lockers or in the safe. The Resort is not liable for any loss.

It is not possible to reserve sunbeds; if you leave the pool areas, please leave the towels hanging on the hooks or take them with you. If necessary, the staff is authorized to remove the towels left on the sunbeds.

Avoid sun exposure immediately after exfoliations, waxing and / or face treatments.

Cancellation or changes in the schedule of previously booked treatments can be made free of charge at the SPA Reception up to 24 hours prior; otherwise, you will be charged the entire treatment cost.

Our team consists of male and female operators; we invite the guest to express any preference when booking. Otherwise, the operator will be assigned according to our availability.

All couples and individuals are encouraged to maintain a decorous attitude within each space. The staff is authorized to reprimand guests who do not observe this recommendation and to invite them to leave the SPA.

Do not use the SPA services when advised against by a doctor, to avoid compromising your well-being.

Please let our operators know of any particular issues you may have, such as allergies, recent surgeries, pregnancy, blood pressure changes, claustrophobia etc, which may interfere with the treatment.

#### **INFORMAZION & SUGGESTIONS**

For information and booking of massages and treatments please address directly to the SPA Reception or call us at 075 9883220.We are at your disposal every day from 9 AM to 8 PM.

Pool is operating from 9 AM, saunas are operating from 10 AM.To be able to fulfill your requests, please book massages and treatments prior to your arrival.We suggest wearing soft and elastic clothing.

# **SPA MAPS**

- Reception SPA
- 2 Shop SPA
- 3 Men changing room
- 4 Women changing room
- 5 Waiting room
- 6 Fireplace room
- **7** Vitarium
- 8 Steam bath
- 9 Sensory showers
- 10 Ice fountain
- II Nature sauna
- 12 Snow crystals
- 13 Panoramic sauna
- 14 Room of the stars
- 15 Salt bath and salt relax room
- 16 Indoor / outdoor heated pool
- 17 Pool for water treatments
- 18 Panoramic relax area
- 19 Sensory relax room
- 20 Activities room
- 21 Gym
- 22 Private SPA "Sorgente della natura"
- 23 Private SPA "Acqua e fiori"
- 24 Private SPA "Tesori del borgo"
- 25 Private SPA "Le mille e una notte"
- 26 Beauty and hairdressing room
- 27 Summer pool





